

Term 2 Week 7 10 June 2022

LEADERSHIP TEAM

Principal
Liz Wallace

Deputy Principal
Kate Banwell

Early Years Learning
Executive
Mariana Fuenzalida

Primary Executive
Jodie White

Business Manager
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SCHOOL BOARD

Board Chair
Phillip Bowden

P & C

P&C President
Cassandra Mann

FROM OUR PRINCIPAL

Acknowledgement of Country - written by K6N

K6N Acknowledgement of Country

In K6N we especially love the shade from the trees,
the sun that makes us sneeze, the water for the
boats and the animals that live here.

We say thank you to the Ngunnawal people for
sharing their land with us. We promise to do our
best to take care of it the way that you always
have.

Each newsletter we will feature an Acknowledgement of Country written by a class or individual as part of their learning programs at the start of the school year.

Rostrum

Students in years three to six have been engaged in writing and presenting speeches as part of the English program and the [Rostrum](#) speaking competition. Each class teacher used the assessment criteria to select a finalist to participate in the school final on Friday 27 May. Congratulations to the following children who represented their classes at the school final:

excellence

innovation

sustainability

inclusion

support

FROM OUR PRINCIPAL'S MESSAGE CONTINUED

3C Ellie Schmierer Being organised;
3K Caitlin Warnes My least favourite thing;
4BW Brooklyn Turnbull What next?;
4F Amy Peng My least favourite thing;
5M Jamie Konrad What next?;
5T Kyla Booth What next?;
6CG Caden Sweeney Drones; and
6CG Sarah Bowden My least favourite thing.

Congratulations to Sarah Bowden who won the school final and will go on to represent Farrer at the quarter final. Congratulations also to Jamie Konrad who was selected Farrer PS runner up for the quarter final.

Year six uniforms

Our year six students were delighted to receive their leadership uniform orders yesterday. The polos and hoodies look great! Thank you to Deb from our P&C for all her work in getting these organised.



Goodwin Village - thank you

Last week our school captains, Sarah and Tom, hosted a group of visitors from Goodwin Village. June, Merle and Georgia were taken on a tour of the school and joined us for assembly. At assembly June presented the school with a donation of \$4000 to be used for student support. The money was raised at the recent Goodwin Village fete. We thank June, Merle, Georgia and the residents of Goodwin Village very much for this generous donation.

FROM OUR PRINCIPAL'S MESSAGE CONTINUED



Staffing update

Mr Brett Maron is on leave for the remainder of term two. During this time Mr Nathan McGrath will teach PE. We welcome Mr McGrath and hope he enjoys his time at Farrer.

Staff planning days / pupil free days - term 2, 2022

As detailed in the email sent to families on 5 May 2022, the ACT Government is supporting all ACT public schools to hold two staff planning days during term 2. These days will provide public school teachers with some extra space to complete student reporting and lesson planning.

Our team made the most of the first planning day last Friday, catching up on planning and marking, working through their own professional learning and working in teams to plan next steps.

Our school will hold the second staff planning day on Friday, 24 June 2022.

Where possible, we ask that students do not attend school on these days. Students who can't stay at home will be able to attend school and be supervised while undertaking general learning activities.

Please confirm via email to info@farrerps.act.edu.au if your child will be attending school on

FROM OUR PRINCIPAL'S MESSAGE CONTINUED

Semester One student reports

With the middle of the school year fast approaching our teachers will soon be preparing student reports for semester 1. This semester we will be providing students with an overall A-E grade, and an assessment of achievement standard statements on a 5-point scale.

While semester 1 reports won't include detailed teacher comments, parents are encouraged to speak directly with their child's teacher(s) if they have any questions or concerns about their progress. Our teachers will also continue to communicate directly with you when there are any concerns about student learning or other classroom updates.

Later in this newsletter you will find information on booking a parent teacher interview to discuss semester one achievements.

Rapid Antigen Tests -a reminder that Rapid Antigen Tests (RATs) are available as needed. This means if your child has symptoms or if there is a spike in cases in a particular cohort. To request RATs please complete this [form](#) by 2:00pm and tests will be sent home.

Quality learning

Congratulations to the following children who have shared quality learning with school leaders in the past few weeks.

Year 1 Harlo, Rafa, Charlie - using a number line for subtraction

Year 3 Ben & Hayley - Science

Year 6 Student Parliament Ministers - leadership of projects

As always please reach out to your child's teacher if you have any questions or concerns.

Regards

Liz Wallace

FROM OUR PRINCIPAL'S MESSAGE CONTINUED

Semester One Teacher Interview

Dear families

Semester One teacher interviews (Preschool to Year 6) will be held in Weeks 1 and 2 of Term 3 (18, 19, 20, 21, 26, and 27 July 2022). We would like to offer you the opportunity to meet with your child's teacher to discuss their progress and any questions you may have about their learning.

Interviews are 15 minutes. If you require more time with a teacher, please arrange a separate meeting by telephoning the school on 6142 0860.

Go to www.schoolinterviews.com.au

enter the code **nkd5v**

Enter your details

Select the teachers you wish to see

Select the appointment times that suit your family best

When you click FINISH your selected bookings will be emailed to you immediately. If you not receive your email, please check your junk-mail, or enter the event code again and check your email address spelling. Update your details if email address is incorrect.

DO NOT DELETE the email you receive. Keep it somewhere safe. You may need to refer back to it at a later date.

REMEMBER TO ADD YOUR APPOINTMENTS TO YOUR PERSONAL CALENDAR - reminders will not be sent home.

Bookings need to be finalised by 17 July 2022 at 4pm.

If you need to view, cancel, change or print your bookings:

- Click on the link in the confirmation email you received after you made your booking(s)
- OR return to www.schoolinterviews.com.au and enter the code and the email address you used when making your bookings.

We look forward to seeing you at your child's interview.

Kind regards

Farrer Primary School

FROM OUR PRINCIPAL'S MESSAGE CONTINUED

PE & Sport Update – Week 7 Term 2

Swimming

Congratulations to Corbin Rasmussen who came second in the boys 8 years 50m freestyle at the ACT 12 & Under Swimming Championships held in week 2. A fantastic result!!

Cross Country

46 runners represented Farrer PS at the Tuggeranong Region Cross Country Carnival at Stromlo in week 5. We had some brilliant results from our talented running group including five placegetters. All up 10 Farrer students have qualified to represent Tuggeranong at the ACT Cross Country Championships in week 8 (see list below). Good luck to all those runners competing in the championships.

Qualifiers for ACT Cross Country Championships

- Isla Hale – 1st in 8 years girls
- Noah Dodson-Shaw – 1st in 10 years boys
- Sofala Ehinger-Hall – 2nd in 10 years girls
- Nazim Boukhmis – 2nd in 8 years boys
- Audrey Heading – 3rd in 9 years girls
- Harry Jackson 12B – 4th in 12 years boys
- Corbin Rasmussen – 6th in 8 years boys
- Lawson Wrigley – 6th in 9 years boys
- Leila Evans 11G – 7th in 11 years girls
- Jake Hale 9B – 10th in 9 years boys

Farrer PS Cross Country – new date

The Farrer PS Cross Country Carnival has been rescheduled to Week 10 Term 3. (Our Athletics Carnival is in Week 4 so it will be a big term). Information and notes will come out at the start of term.



UR FaB Understanding and Responding to Feelings and Behaviours

Program in Schools

Child and Adolescent Mental Health Services (CAMHS)

Hello from the **UR FaB Team**,

In order for children to learn to manage strong emotions they first need to develop the ability to name and understand their emotions. The ability to identify and understand your own emotions and then to use your emotional awareness to guide your problem solving is known as emotional intelligence. The UR FaB program is based on the research that having good emotional intelligence is associated with greater life satisfaction, better relationships, and lower rates of psychological difficulty.

- Emotional intelligence is fostered by **emotion coaching** (drawn primarily from the work of John Gottman); and is a style of parenting which research has shown supports the development of children's emotional intelligence.

([Gottman, J.M., & DeClair, J. 1997](#). The Heart of Parenting: Raising an Emotionally Intelligent Child. New York: Simon and Schuster)

Emotion coaching is helping children understand the different emotions they experience, why they occur, and how to handle them. In the simplest terms, you can coach your child about emotions by comforting them; listening and understanding their thoughts and feelings and helping them understand themselves. As you do this, your child will feel loved, supported, respected, and valued. With this emotionally supportive foundation, you will be much more successful at setting limits and problem solving.

Here are some questions and statements that will help you get started:

- Are you feeling.....? (Then give 2 choices, sad or mad? Afraid or sad?)
- What is making you.....mad? sad? happy?
- What kind of day are you having? A happy day? A sad day?
- Did somebody hurt your feelings? What happened?

Emotion coaching teaches children that we respect how they feel and while all emotions are okay, not all behaviours are okay!

(Havinghurst, S. & Harley, A. [Tuning in to Kids](#). University of Melbourne)

Next time we'll look at setting limits and teaching children to problem solve.

The UR FaB Team