

Our canteen is operated by the Farrer School Community Association (P&C)

#### HOURS

Wednesday to Friday  
8:30 – 2:30

Lunch (11:00am – 12:00)  
Recess (1:30 – 2:00)

**ONLINE ORDERING**  
[www.school24.com.au](http://www.school24.com.au)  
**ID: 25128963**

Canteen Staff  
*Kat McGlinn*

Ph: 6205 7919 (canteen days only)  
Email: [thekidskitchenfarrer@gmail.com](mailto:thekidskitchenfarrer@gmail.com)  
Email: [farrerpandc@gmail.com](mailto:farrerpandc@gmail.com)

Green food choices ☺  
Halal ✌  
Vegetarian (V)  
Gluten free (GF)



ONLINE ORDERING

Go to [www.school.com24.com.au](http://www.school.com24.com.au)

All you need from us is our school ID  
25128963

**BUY LOCAL**  
Please support our local suppliers:  
Jabal Halal,  
Canberra Milk, IGA  
Farrer & Woolworths  
(Mawson).

*Accredited  
National Healthy  
School Canteen  
2016 & 2017*

# The Kids Kitchen

At Farrer Primary Term 1 2019

## Canteen Menu



## SANDWICHES & WRAPS & SALADS (online only)

### Wholemeal Sandwich, or Wrap

- Cheese \$2.50 (V) ☺
- Heart smart ham \$3.80
- Heart smart ham & cheese \$4.50
- Heart smart ham, cheese & tomato \$4.80
- Heart smart ham & salad \$4.80
- Roast chicken \$3.80 ☺
- Roast chicken, cheese & mayo \$4.50 🍷 ☺
- Roast chicken, lettuce & mayo \$4.00 🍷 ☺
- Roast chicken & salad \$4.80 🍷 ☺
- Salad sandwich \$3.50 (V) 🍷 ☺
- Extras: *Cheese 60c*  
*Avocado \$1.50*  
*Soft Tortilla wrap \$1*

\*Salad: lettuce, carrot, tomato & cucumber

### Toasties (low-fat cheese)

- Cheese \$3.50 🍷 ☺
- Fresh Chicken and cheese \$4.80 🍷 ☺
- Leg ham & cheese \$4.80 ☺

## SALADS

- Pasta salad** \$5.00 (penne pasta with light ham, capsicum corn and light yoghurt dressing)
- Chicken salad** \$5.00 (lettuce, tomato, carrot, cucumber with light honey dressing)

## DRINKS (online & over the counter)

- Plain milk 300mls \$2.00
- Oak flavoured milk** (low fat) 300mls \$2.50
  - Chocolate or strawberry ☺
- Hot milo** 240mls \$2.00 (term 2&3 only)
- Fresh juice** (99% juice) 200mls \$2.50
  - Apple or Orange.

## FROZEN TREATS (online & over the counter)

- Pineapple rings 50c ☺
- Orange quarters 50c ☺
- Frozen Milo cups \$1.00 (term 1&4 only)
- Frozen Juice cups (99% juice) \$1.00
  - apple or orange
- Paddle pops (skim) \$2.00
  - chocolate - banana - rainbow
- Twisted frozen yoghurt (skim) \$2.50
  - chocolate and vanilla bean
  - mango and watermelon
  - raspberry and coconut

*A laminated voucher will be included with your lunch order. It must be presented for redemption. Go directly to the canteen door, there is no need to queue!*

## RECESS & LUNCH SNACKS

### HEALTHY TREATS

- Fresh fruit packs \$1.50 ☺ (GF)(seasonal fruit)
- Fruit bags \$1.00 - apple, mandarin, grapes 🍷 ☺
- Vegie pack \$1.50 - carrot, cucumber & cherry tomatoes ☺ (GF)

### CRUNCHY TREATS

- Pretzels \$1.20
- Mini Brown Rice Cakes \$1.20
- Gingerbread Babies \$1.20

### HOMEMADE TREATS

- Air popcorn 50c ☺ (GF)
- Homemade pikelet - butter & jam 50c ☺
- Homemade muffins \$1.00

*Please note that over the counter snacks vary from day to day*

## HOT TREATS (online & over the counter)

- Garlic bread** \$2.00 🍷 ☺
- Vegetable fried Rice** (brown rice with veg & egg)
  - 🍷 ☺ (GF)(V) Lrg \$5.00
  - Sml \$3.00
- 2 minute noodles** (wholegrain) \$2.50
- Spinach & Ricotta Agnolotti** (V) \$5.00
- Chicken strips** (5 strips) \$4.00 🍷 ☺
- Chicken Burger** homemade with lettuce & mayo on a sesame bun.
- Pizza** Hawaiian chicken 🍷 \$5.00  
Margherita 🍷 \$4.00
- Sausage rolls** sml \$2.00 🍷  
Lge \$4.00 online only
- Pasta Bolognese** sml \$3.00 🍷  
Lge \$4.00 🍷 online only
- cheesy penne pasta** sml \$3.00 🍷  
Lge \$4.00 🍷 online only
- Meat Pies** (Mrs. Macs lighten up cruiser) \$5.00
- Mini meat pies** (Mrs. Macs lighten up) \$2.00
- Hot soup** \$3.00 (soup will vary. Chicken Noodle, Pumpkin, creamy Vegetable) (Term 2 & 4 only)

*Please note that over the counter snacks vary from day to day*

